



Whole School Learning

Although much of our learning is specific to our individual classes and year groups, some aspects are broader and shared by all. Learning about religious and cultural festivals and also our personal, social and emotional themes linked to our school values happen alongside other learning and can be delivered in different ways such as assemblies or by external visitors.

At this time of year, we would normally be learning about a special time of fasting and prayer for Muslims, the Holy month of Ramadan.

We know that for many in our school community, this year Ramadan and celebrating Eid will have new challenges. Muslim pilgrimage (Hajj - visiting Mecca in July) may have to be cancelled, attending Mosque together will not be possible and some may even be unwell so to fast as usual may not be the right choice. We recognise that keeping home learning going over this special time to bond and be with family may be more challenging. Keep a good balance between learning from our curriculum letters and keeping this holy month a special time.

Some information for parents -

Ramadan Muslim Festival

Ramadan is the ninth month of the Islamic calendar, and a time when Muslims across the world will fast (do not eat or drink) during the hours of daylight.

Muslims celebrate the time when some verses of the Qur'an were revealed to the Prophet Muhammad (peace be upon him). Ramadan is a time of worship and contemplation. A time to strengthen family and community ties.

Fasting- For Muslims, fasting does not just mean going without food and drink. It is a time when they think of others, are kind and give to charity. This does not have to be with money, it can be by being thoughtful and kind. For our school children we would say it is about trying to make good choices.

However, part of this is abstaining from food and water to remember how fortunate we all are. Every Muslim is expected to fast from sunrise to sunset. Muslims must not eat or drink during daylight hours. During Ramadan Muslims get up early before dawn (Fajr) and have a light meal. This time is known as **Suhoor**.

At the end of each day (Maghrib), Muslims traditionally break their fast with a meal called the **iftar**. Following the custom of Prophet Muhammad, the fast is often broken with dates and milk or water and then followed by a prayer and dinner.

The Muslim year is a lunar (moon) year, so Ramadan moves forward by ten or eleven days each year. The day Ramadan begins is decided by the sighting of the new moon.

Ramadan concludes with the celebration of Eid al-Fitr.

	Ideas for home
Early Years (Nursery and Reception)	<p>Watch the video about the holy month of Ramadan from Newsround - https://www.bbc.co.uk/newsround23286976</p> <p>There are 4 videos on the page. Tell your child that Ramadan is a special time for some people (maybe yourselves, maybe friends you can name). Muslims celebrate Ramadan. Fasting means not eating food or drinking. Ramadan is a time when Muslims try to make really good choices. Watch the video at the top of the page (what it's like for a family fasting during Ramadan) and talk about it. There are other videos too if you feel they are appropriate.</p> <p>Talk about your child's favourite foods and why they like them. Share your preferences too and talk about why it might be hard to not eat them just when we want to.</p>
Key Stage 1 (Year 1 and Year 2)	<p>Watch the videos about the holy month of Ramadan from Newsround - https://www.bbc.co.uk/newsround23286976</p> <p>There are 4 videos on the page. We suggest you watch the 4th video first which reminds the children about the Muslim faith (children tell us about their faith). Then the 3rd video about Ramadan (what is Ramadan?). Next the 2nd video (7 things you ought to know) and finally the 1st video (what is it like for a family fasting?). Each is just a few minutes long.</p> <p>Play the quiz about Ramadan from 'Let's Celebrate' within Cbeebies - https://www.bbc.co.uk/cbeebies/puzzles/ramadan-quiz</p> <p>Talk about your child's favourite foods and why they like them. Share your preferences too and talk about why it might be hard to not eat them just when we want to.</p>

Things to try!

- Muslims fast at Ramadan - after talking to your child, choose a snack they like (banana, grapes, crisps) and decide not to eat it for one day.
- Muslims help people at Ramadan - you could ...
 - 1) make a rainbow or thank you message and display it in your window
 - 2) if you do visit the supermarket, choose something together that you will buy to put in the food bank.
 - 3) help at home by doing some tidying, remember our value at school was 'working together'.
 - 4) commit to doing one good deed a day (make a cup of tea, make a card for a neighbour, share with your sibling.
- This is a fun video of children explaining Ramadan in their own words; it is much like we might have done in the classroom! https://www.youtube.com/watch?v=UoBOavMa_nU



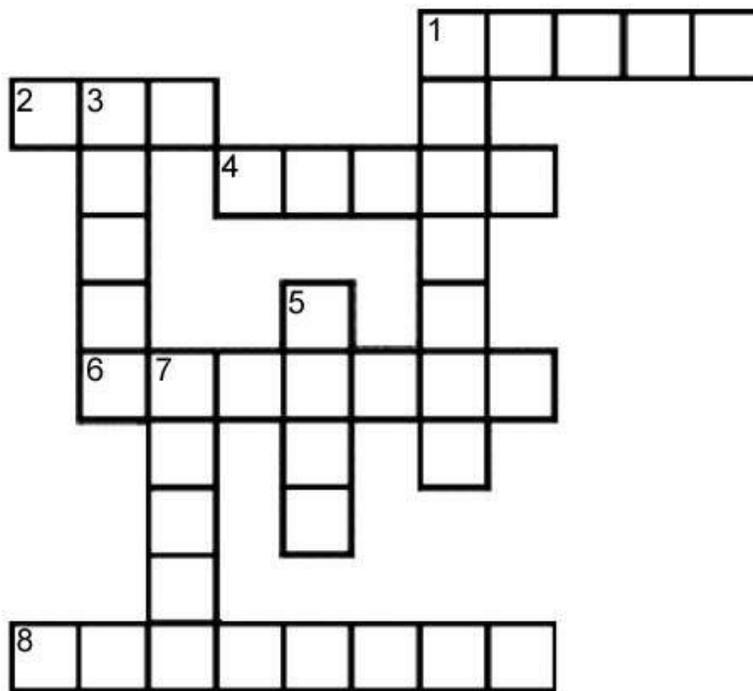
Iftar - breaking fast with dates.

The Mosque in Hounslow.



Some activities to try at home. You might need to do some research to finish them! If you need them, words for the Crossword are at the bottom of this page. Simply tear them off!

Ramadan Crossword



Across:

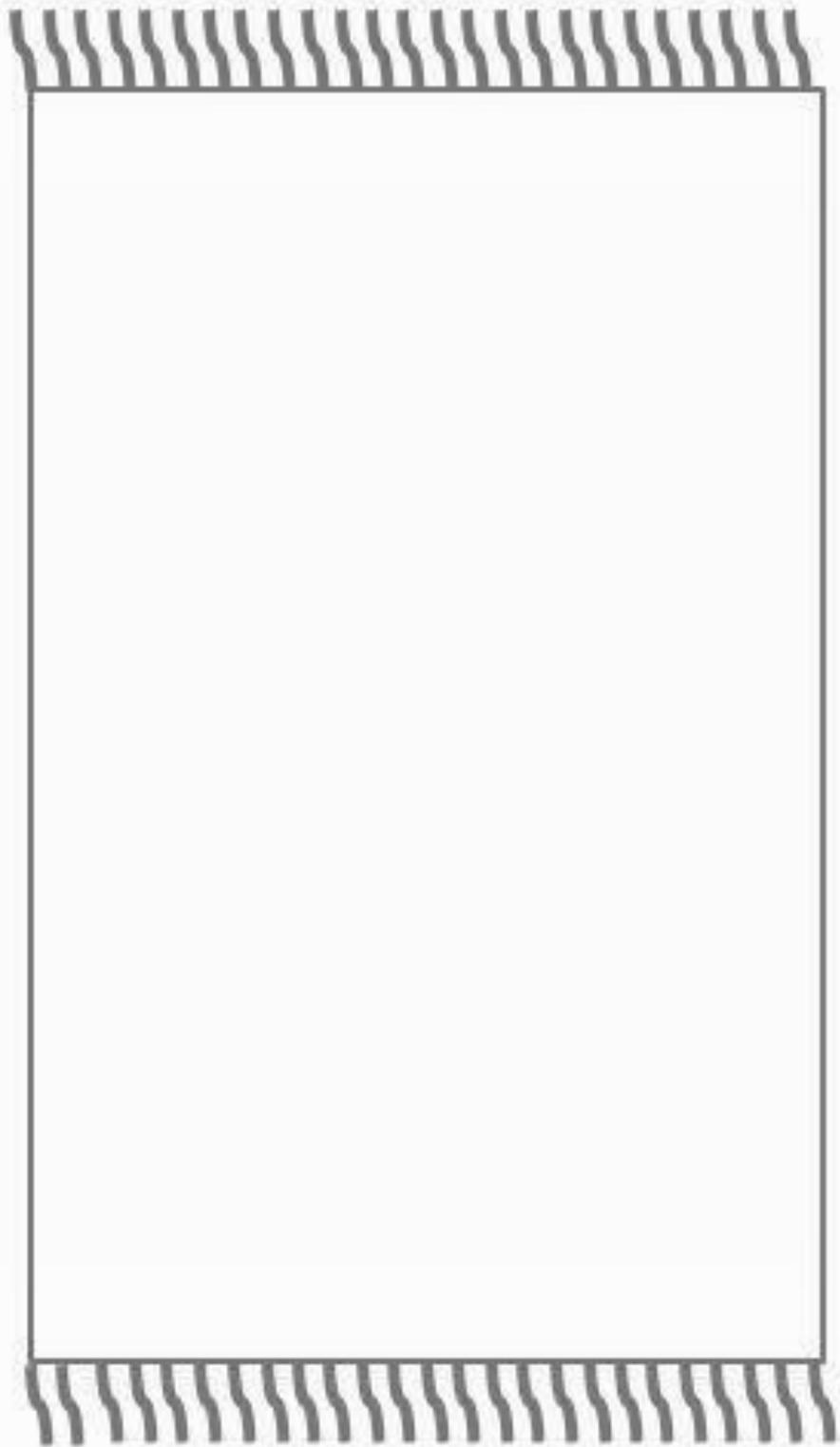
1. The five daily prayers
2. The festival that ends Ramadan
4. The most sacred book for Muslims
6. The month of fasting
8. The founder of Islam

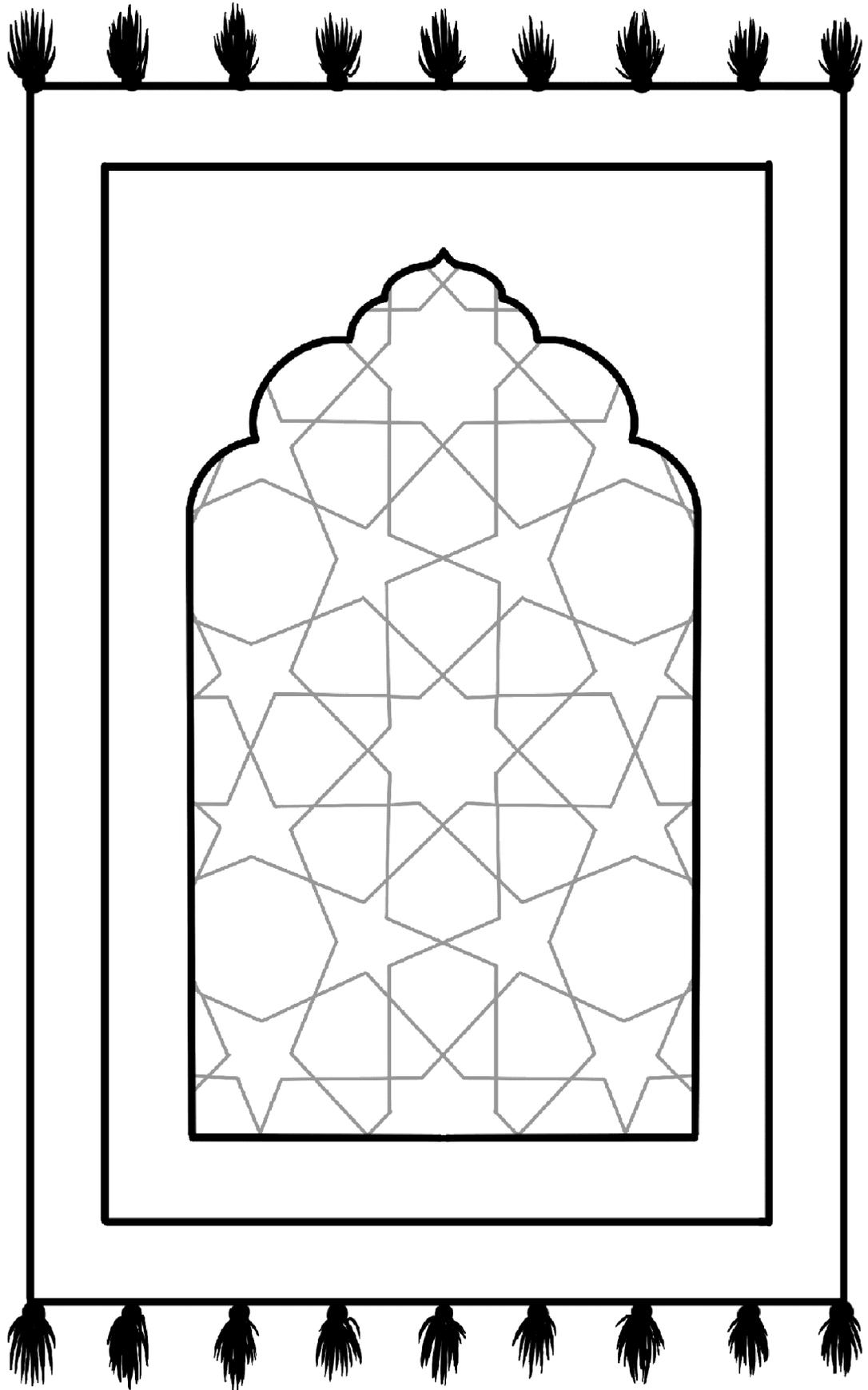
Down:

1. The month following Ramadan
3. The evening meal to break the fast
5. The first prayer of the day
7. The almighty

Eid iftar Ramadan fajr shawwal salat Allah Quran Muhammed

ISLAMIC PRAYER MAT





Ramadan

Word Search

DIRECTIONS: Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

ALLAH
 CHARITY
 DAWN
 EID AL-FITR
 FAITH
 FAMILY
 FASTING
 FRIENDS
 GENEROSITY
 GRATITUDE
 IFTAR
 ISLAM
 LANTERN
 MONTH
 MOON
 MOSQUE
 MUHAMMAD
 MUSLIM
 NINTH
 PATIENCE
 PRAYER
 QURAN
 RAMADAN
 RELIGION
 SELF-DISCIPLINE
 SUNSET
 TRADITION



S	X	J	T	M	H	R	F	O	L	E	I	D	A	L	F	I	T	R	J	P
W	E	R	A	O	U	Y	R	I	X	Z	O	R	P	F	A	M	I	L	Y	
U	U	L	E	G	O	H	R	M	Z	G	Y	A	P	R	F	E	T	I	B	S
S	F	D	F	S	Z	E	A	V	P	J	S	U	M	A	W	S	E	V	L	X
U	H	X	Y	D	L	T	E	M	R	U	M	S	S	Y	K	X	R	P	E	N
T	Y	E	F	I	I	E	V	J	M	O	R	T	U	E	F	Z	L	G	W	I
L	Z	T	G	C	E	S	W	I	A	A	I	W	I	R	N	E	M	A	Q	S
R	T	I	I	A	H	N	C	I	E	N	D	L	D	F	I	P	D	Z	Y	S
R	O	E	N	S	O	U	Q	I	G	C	G	D	C	M	A	V	Y	N	F	O
N	O	T	I	N	O	S	B	N	P	N	M	D	B	T	F	E	V	V	C	N
B	J	G	N	F	H	R	V	T	C	L	N	F	I	M	A	L	S	I	S	X
P	O	K	T	U	T	D	E	U	E	M	I	E	M	A	R	J	K	M	F	T
Z	R	U	H	E	I	B	J	N	O	H	N	N	V	X	P	D	G	B	R	R
N	A	R	U	Q	A	M	K	O	E	C	R	N	E	H	I	F	R	V	R	A
X	M	N	O	X	F	I	N	V	E	G	R	H	E	X	R	M	A	A	E	D
I	A	S	M	R	F	L	H	T	N	O	M	C	S	I	D	P	T	A	J	I
C	D	F	U	I	N	S	M	W	N	G	Z	J	E	C	R	F	I	L	Q	T
Y	A	Q	E	S	K	U	Z	N	R	E	T	N	A	L	I	P	T	L	P	I
V	N	R	X	D	X	M	Z	W	N	Y	D	F	O	U	L	Y	U	A	H	O
S	S	R	X	G	M	G	T	Z	B	S	M	O	S	Q	U	E	D	H	Z	N
S	G	M	T	J	Y	O	C	H	A	R	I	T	Y	K	V	E	R	J	H	

